

University of Pretoria Yearbook 2017

Applied physiology 702 (MBK 702)

Qualification Postgraduate

Faculty [Faculty of Humanities](#)

Module credits 27.00

Prerequisites No prerequisites.

Contact time 1 lecture per week

Language of tuition Afrikaans and English is used in one class

Academic organisation Sport and Leisure Studies

Period of presentation Year

Module content

The module examines exercise physiology as applied in a sport science context and includes the normal and performance enhancement physiology of bio-energetics, adaptation of the body systems, environmental influences, ergogenic aids and special considerations such as aging, gender, genetics and fatigue. (1 hour contact time per week with work assignments for the following week.)

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